

**BOARD OF TRUSTEES  
CARSON CITY SCHOOL DISTRICT**

**POLICY No. 510  
STUDENTS**

**REQUIRED HEALTH EXAMINATIONS AND SPORTS PHYSICALS**

**A. Physical Examination of Students**

The Board of Trustees is committed to monitoring the health of students within the Carson City School District. To that end, the school nurse or a duly qualified person employed to provide basic first aid and health services to students, acting within the scope of his or her licensure shall conduct the following examinations:

- (a) For visual and auditory conditions:
  - 1. Before the completion of a student's first year of initial enrollment in elementary schools;
  - 2. In at least one additional grade of the elementary schools, and
  - 3. In one grade of the middle schools and one grade of the high schools; and
- (b) For scoliosis, in at least one grade of schools below the high schools.

Vision and hearing screening will also be provided for any student enrolled in a special program, a student repeating a grade, any student who failed an examination for a visual or auditory condition during the previous school year, and any student who shows in any other way that the student may have such a condition.

Any student in a grade above one of the specified grades who has not previously received such a screening must be included in screening for the current school year. Any newly enrolled student must be screened for any condition for which children in a lower grade are examined.

School authorities shall notify parents or guardians before performing the required examinations.

Any child must be exempted from screening for vision, hearing or scoliosis if his or her parent or guardian submits a written statement objecting to the examination.

All staff members are to observe students for any conditions which may indicate physical defect or disability and report such observations promptly to the school nurse.

School authorities shall notify the parent or guardian of any student who is found or believed to show signs and symptoms of having scoliosis, any visual or auditory condition, or any gross physical defect, and shall recommend appropriate medical attention. To the extent such information is available, the notice shall include a list of any resources available in the community to provide such medical attention. The District is not responsible for providing such resources to the student or of ensuring that the student receives such resources.

## **POLICY No. 510 - CONTINUED**

### **B. Sports Physicals**

Each student who wishes to participate in any sanctioned sport for the first time must, prior to the first practice session:

- (a) Submit to a physical examination that is conducted by a licensed physician, homeopathic physician, osteopathic physician, chiropractor, advanced practice registered nurse, or physician assistant (certified or licensed), and
- (b) After completing the physical examination, be approved for participation in a sanctioned sport by a licensed physician, homeopathic physician, osteopathic physician, chiropractor, advanced practice registered nurse, or physician assistant (certified or licensed), on a form approved by the Nevada Interscholastic Activities Association (NIAA) Sports Physical.

Thus, students who participate in sanctioned sports in middle school must submit to a physical examination, and students who participate in sports in high school must submit to a physical every two years.

Students who wish to participate in a sanctioned sport and who have complied with the provisions set forth above shall for each year the student participates in a sanctioned sport, complete the form approved by the NIAA for such purpose, and students responding affirmatively to any question on the form will be required to submit to a complete physical examination before he or she is eligible to participate in a sanctioned sport.

If the religious beliefs of a student prohibit him or her from submitting to a physical examination to participate in a sanctioned sport, the student and a parent or guardian with whom he or she resides must submit a statement to that effect and execute a release which indemnifies and holds harmless the District, the NIAA, their employees, agents, and representatives from all liability which may arise because of the student's participation in the sanctioned sport.

Any student who is ill or infected with a communicable disease shall be examined by a licensed health provider (as defined in Section A. above) as a condition to participating in any sanctioned team sports activity or other activity in which other participants might be exposed to the illness or infection.

If a student is injured in a sanctioned sport and is treated for that injury by a provider of health care, the school shall not allow the student to resume participation in the sanctioned sport unless the provider of health care submits a written statement signed by him or her and addressed to the principal of the school indicating that the student may resume participation in the sanctioned sport. Upon receipt of such a written statement, the school shall include the written statement in the records of the student maintained by the school. As used herein, "provider of health care" has the meaning ascribed to it in NRS 629.031.

**POLICY No. 510 - CONTINUED**

References: NRS 392.420; NRS 392.430; NAC 385B.336; NAC 385B.338

Adopted: August 29, 1979

Revised: October 22, 1996

October 9, 2012 - Title Change

May 14, 2019